



SHEOWS

CARING, EMPOWERING & TRANSFORMING LIVES

ANNUAL REPORT 2023-2024



"Caring for elders, Enriching Lives"



"Caring for our elders is not a duty, but a cherished privilege that enriches the soul"



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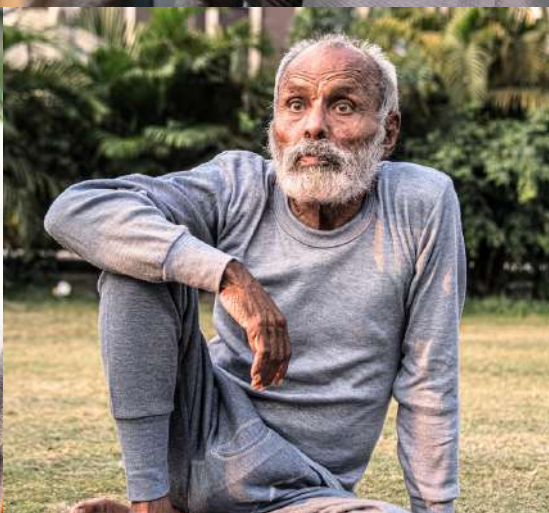
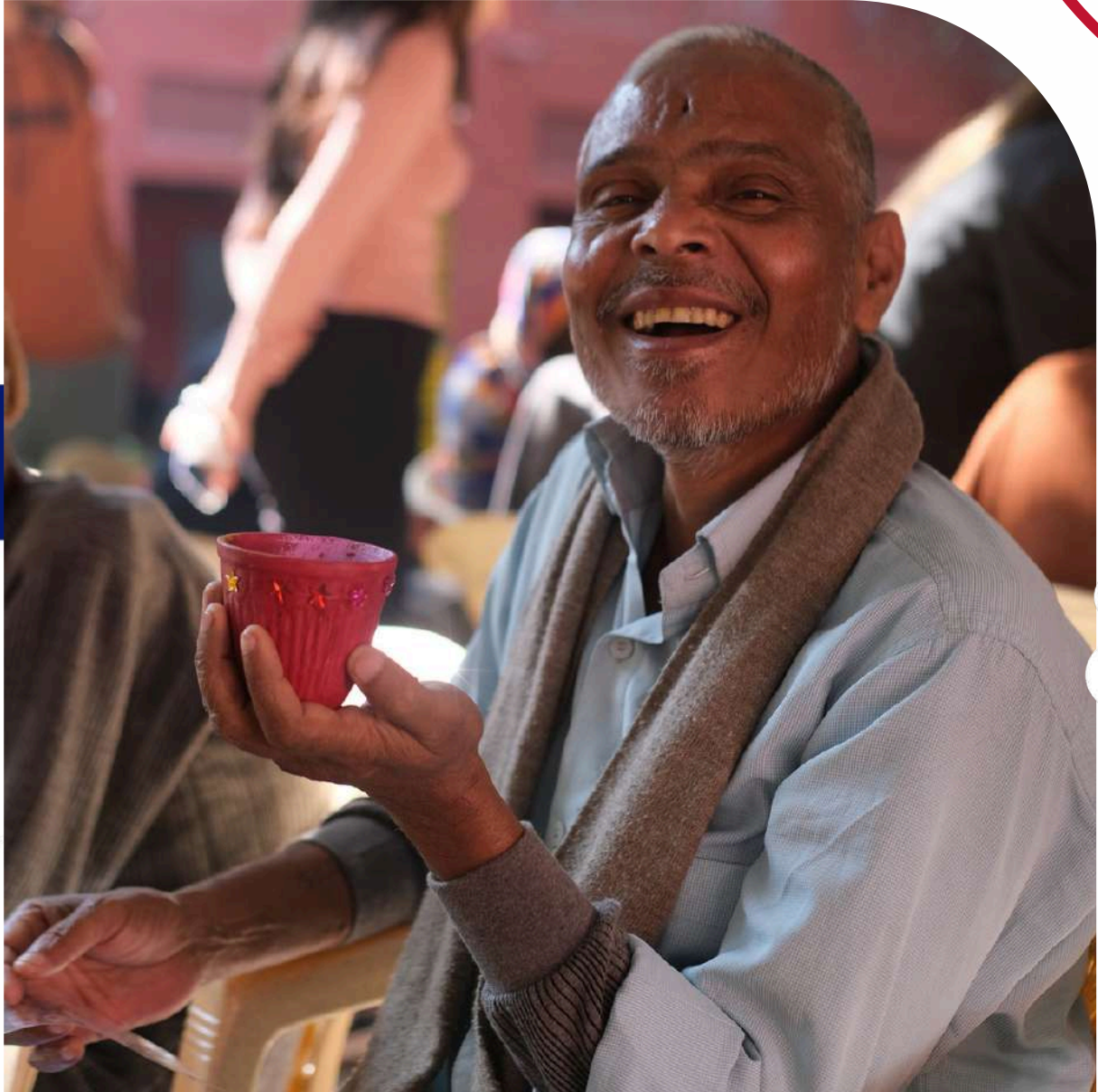
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**"SHEOWS-Where compassion meets
commitment "**



**"To care for those who once cared for us is one of the
highest honors."**



OUR ASPIRATION



SANT SHRI VISHRAM MANAV

Shri Vishram Manav believed in the welfare of humanity. His philosophy was beyond ordinary kindness and basically spoke about an attitude wherein every person was helped or tended to with sincerity. He did not merely believe in human goodness; he believed the biggest form of karam is **"SEWA DHARAM"** and in tilling a world where empathy matures to become the fountain of behaviour. **At SHEOWS we aim to provide compassionate care that enhances lives, fostering a community where well-being and contributions are valued, inspired by Shri Vishram Manav's empathy-driven vision.**



Dr. G.P. Bhagat
Founder, SHEOWS

"The rising concern of loneliness and social isolation among the elderly has sparked numerous studies. These factors pose significant dangers, including a 64% increased risk of dementia. SHEOWS supports dementia patients and vulnerable elderly individuals, focusing on their holistic well-being despite COVID-19 challenges, we have successfully rescued and provided care for a considerable number of elderly individuals. **At SHEOWS, we aim to foster a nurturing and supportive environment where elderly individuals can overcome past traumas and embrace a life of happiness and dignity.**"



Mr. Saurabh Bhagat
CEO, SHEOWS

SHEOWS is actively extending its services in Haryana, Delhi, and Uttar Pradesh while improving current programs. We aim to expand community outreach and enhance rescue and rehabilitation efforts to support more underprivileged and destitute individuals. We aim to reduce elderly mortality rates and align our initiatives with UN SDGs 1, 2, and 3, focusing on eradicating poverty, mitigating hunger, and ensuring overall well-being through effective healthcare. **SHEOWS aims to attain a world where all elderly are treated with respect and care and none are neglected or abused."**

ABOUT SHEOWS



Saint Hardyas Educational and Orphans' Welfare Society (SHEOWS) is a beacon of hope for abandoned elderly nationwide, offering them a nurturing environment akin to a second home. Operating under the legal framework of the Society Registration Act of 1860 and the Foreign Contributions (Regulation) Act of 1976, SHEOWS has remained steadfast in its commitment to supporting destitute, abandoned, and physically challenged elderly individuals for over two decades.

Our 3 flagship facilities, Guru Vishram Vridh Ashram, SHEOWS Care Centre in Delhi and Guru Vishram Vridh Ashram Garhmukhteshwar, Uttar Pradesh have provided sanctuary to over 500 elderly residents. SHEOWS has sheltered over 10,000 elders to date, with more than 3,700 successfully reintegrated into society and over 5,000 receiving dignified cremation services. Our overarching objective is to extend a helping hand to every vulnerable elderly person, ensuring they receive life's essentials and the love and respect they deserve.

Inspired by the ethos of "Vasudeva Kutumbakam," where the entire world is seen as one family, SHEOWS treats every elderly individual as kin. In the past year, we rescued 500 abandoned and destitute elderly individuals from the streets, reaffirming our dedication to this noble cause.

VISION & MISSION



Vision-To mitigate the sufferings of elderly picked up from the streets and ensure that they have a dignified life by providing them access to comfortable accommodation, nutritious food and proper healthcare.



Mission-To work for the neglected and abandoned elders, left to die on the streets by their families, by providing shelter, food, and critical healthcare at our old age homes.

WORKING MODEL



Rescue:

SHEOWS provides 24/7 rescue services, promptly reaching any location at any time & responding immediately to the first call. Our team includes thoroughly trained staff, who assess the condition of the elderly individual on-site, offering immediate medical attention, if necessary.

Admission:

Once rescued, the elderly person is safely transported to any one of our care centres. (Okhla, Gautampuri, Garh Mukhteshwar) Our dedicated staff ensures a smooth transition, providing personalized care and support from arrival. We handle all documentation and coordination, ensuring each new resident receives comprehensive care from the start.



SOS Treatment:

At SHEOWS, many rescued beneficiaries require critical medical attention upon arrival. Our committed medical staff promptly assesses their condition and provides emergency care. This ensures that each individual receives timely and appropriate treatment to stabilize their health.



Food, Shelter and Clothing:

SHEOWS ensures that beneficiaries receive well-balanced meals specifically tailored to their dietary needs, providing essential nutrition for their health and well-being. We also offer safe and comfortable shelter to create a secure living environment. We also provide clean clothing, ensuring that each individual maintains their dignity and comfort.



Medical Care:



SHEOWS care homes are equipped with advanced medical facilities including 84-bed special care units for intensive monitoring, oxygen concentrators, ventilators, and Bi-PAP machines for respiratory support. We also have a fully-equipped pathology lab and X-ray machines onsite. These resources enable prompt diagnoses and treatments, ensuring residents receive comprehensive medical care.

Leisure and Recreation:

SHEOWS organizes a variety of recreational activities to enhance the quality of life for our residents. Music sessions, indoor games, festival celebrations, and theatre performances provide entertainment and therapeutic benefits. These activities stimulate memory, encourage social interaction, and foster a sense of belonging.



Cremation:

SHEOWS offers a dignified farewell to beneficiaries through respectful cremation and services, honouring their religious beliefs and providing closure to their journey.

GOVERNING BODY



Mr. Rakesh Kumar
President, SHEOWS



Dr. S.N. Pandey
Vice-President, SHEOWS



Dr. G.P. Bhagat
Founder, SHEOWS



Ms. Jyoti Narula
Treasurer, SHEOWS



Lt. Colonel B.K. Sood
Secretary, SHEOWS



Ms. Aparna Das
Member, SHEOWS

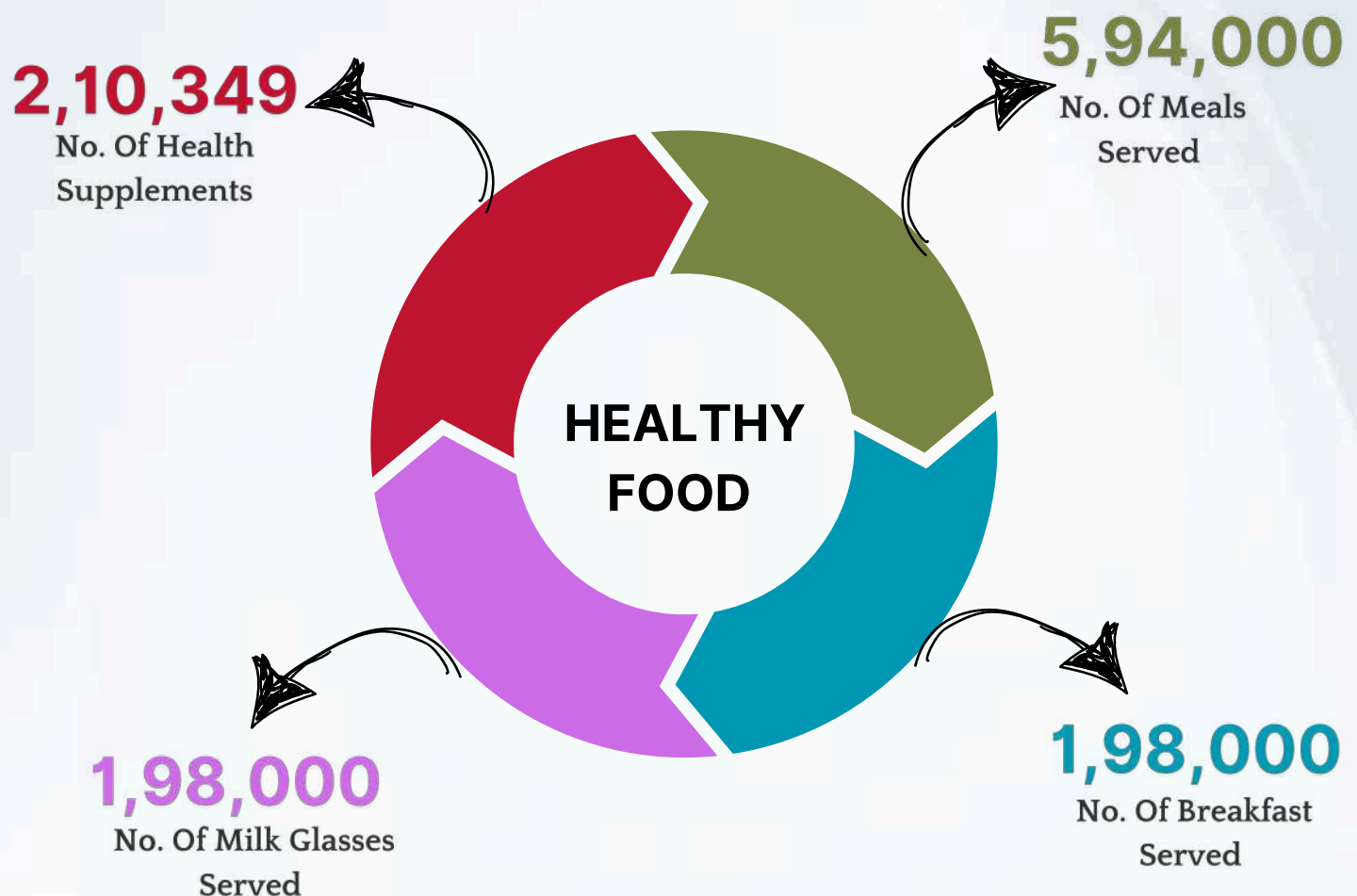
FOOD & NUTRITION

Residents at our facilities enjoy three nutritious meals daily, crafted to meet their health needs and well-being. Developed with medical professionals, our menu focuses on quality and timing to manage conditions like hypertension and diabetes. We source organic produce from our farms and dairy from our animal shelter, maintaining strict hygiene standards. Residents also receive daily health supplements to boost immunity. Compassionate caregivers assist with feeding, ensuring attentive care. Special festive meals enhance the dining experience, celebrating togetherness.



IMPACT: FOOD & NUTRITION

Meal Services Provided in the FY 2023-2024



Impact on food and nutrition 2023-2024:
1,98,000 breakfasts, 5,94,000 meals, 1,98,000 glasses of milk,
and
2,10,349 health supplements provided to elderly residents to
enhance their nutrition and immunity.

MEDICAL CARE

At SHEOWS old age homes, we have advanced medical technology for swift diagnosis and treatment. These resources allow us to deliver high-quality, personalized care to meet the complex health needs of our elderly residents effectively.



Our facilities offer a range of medical services:

- 84 Bed Special Care Unit
- Physiotherapy Centre
- Advanced Path Lab
- 24x7 Doctors & Nurses
- In-house Pharmacy
- Care for Dementia
- X-RAY
- 24x7 Ambulance Service

SPECIAL CARE UNITS (SCU's)



Within our Ashrams, SHEOWS has an 84-bed unit with advanced medical technology including ventilators, cardiac monitors, suction machines, oxygen concentrators, IV saline, and blood transfusion services, to address critical ailments and ensure urgent care.

PHYSIOTHERAPY



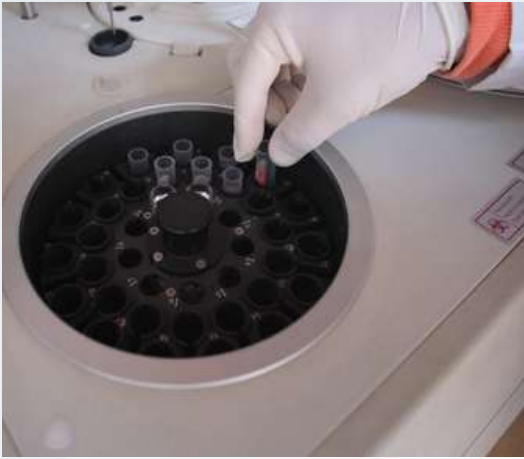
The physiotherapy centres at SHEOWS offer customized exercise programmes to improve mobility and alleviate pain for elderly residents. These programmes have significantly improved conditions like arthritis and osteoporosis, enhancing comfort and quality of life. Additionally, therapies such as wax and electric therapy are available to address various needs.

OPERATION THEATRE



Our operation theatres ensure patient safety and surgical excellence with state-of-the-art equipments and strict infection control measures.

PATH LAB



Our elderly residents go thorough pathological exams, including kidney, liver, and haemoglobin tests. Using advanced technology like the VIDAS machine, we conduct KFT, LFT, CBC, and thyroid tests, ensuring accurate diagnoses and timely medical care.

ROUND-THE-CLOCK MEDICAL SUPPORT



The Ashrams have skilled doctors and nurses available around the clock, along with on-call specialists such as neurologists, gynaecologists, and psychiatrists, ensuring lifesaving care is always provided.

COMPREHENSIVE PHARMACY SERVICES



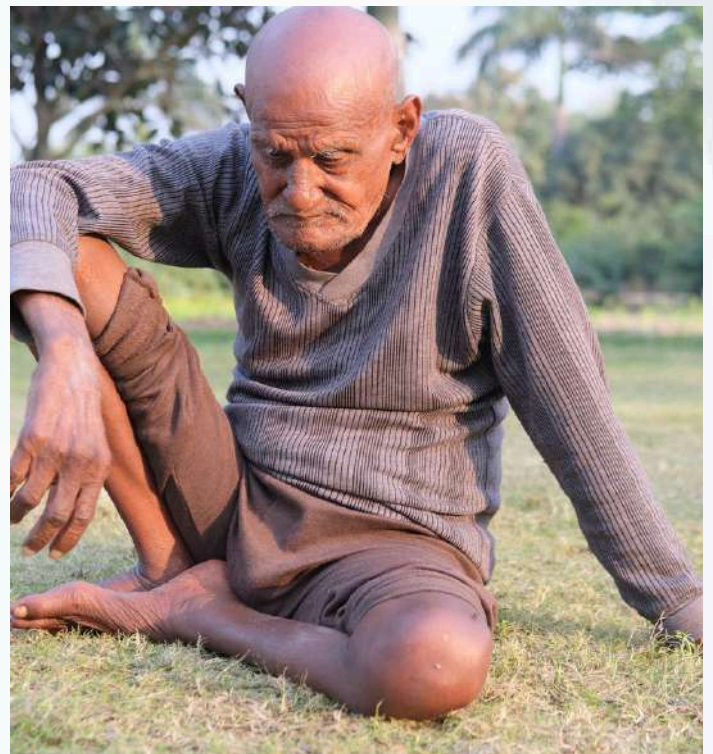
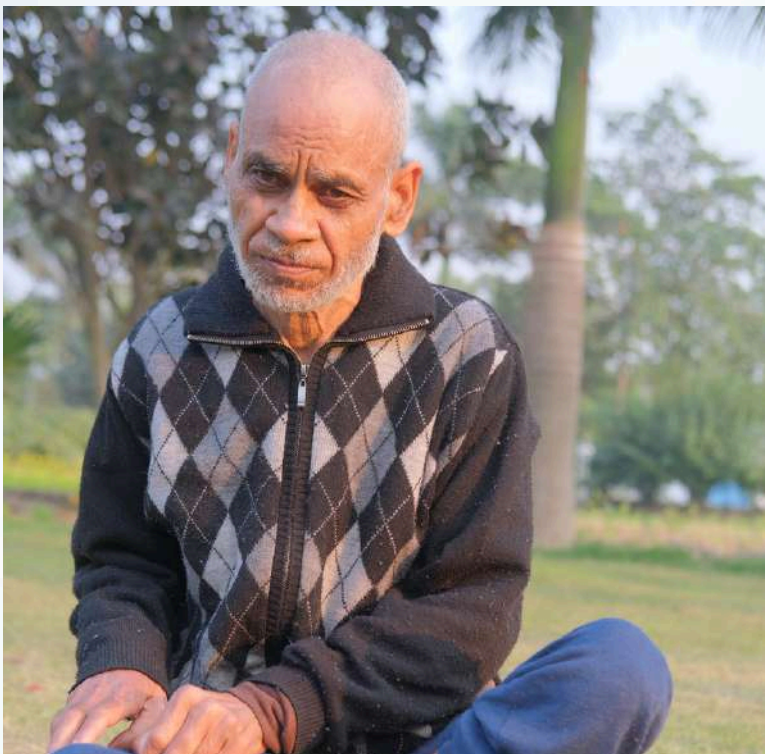
SHEOWS offers a 24x7 in-house pharmacy providing a wide range of routine and emergency medications. Their comprehensive approach includes regular health check-ups, personalized prescriptions, and daily health supplements to boost immunity and vitality.

ADVANCED IMAGING



SHEOWS prioritizes quality, accessibility, and environmental responsibility with digital X-ray technology, offering safer, more efficient diagnostic imaging by minimizing radiation exposure and chemical waste.

DEMENTIA CARE



SHEOWS caregivers provide accessible and comfortable environments, specialized care, and counseling for dementia patients. With the assistance of visiting neurologists and tailored neuro-medications, they work to enhance the quality of life for residents with dementia

BRAIN MAPPING



At SHEOWS, we are committed to providing thorough and advanced care for our beneficiaries. Recently, we conducted comprehensive screenings for 81 individuals using a range of sophisticated tools and techniques. This included assessments with the DSM-IV and MoCA scales, ADAS-cog, QoL-Scale, and advanced brain mapping utilizing a 32-channel EEG setup. These evaluations were crucial in documenting and understanding cognitive function and brain activity patterns among our patients, allowing us to tailor personalized care plans to enhance their overall well-being. Our dedication to employing cutting-edge methodologies ensures that every individual receives precise and effective treatment at SHEOWS.

IMPACT: MEDICAL CARE

Medical Services Provided in the Year 2023-2024

3,96,000



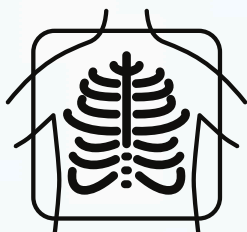
Medicine Doses
Provided

127



Operations

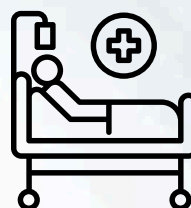
563



X-Ray Tests



1578



SCU
Services

19,285



Pathological
Tests

1,98,000



Physiotherapy
Sessions

SHEOWS saved over 550 lives in the past year. We were able to provide services to 1578 elderlies in the Special Care Unit.

Additionally, 19,285 pathology tests were conducted; 1,98,000 physiotherapy sessions were delivered; 563 X-rays; 127 operations and 3,96,000 medicine doses were provided to the elderlies.

HEALTH CAMPS

We collaborate with healthcare providers and organizations to conduct regular health camps, offering essential services and surgeries to our residents

BRIGHTENING LIVES

At SHEOWS Old Age Home in Okhla, Delhi, Youth for Elders organized an Eye Camp with AKIO, offering free eye check-ups. Twelve residents identified with cataracts received successful surgeries, restoring their vision and enhancing their well-being

CREATING AWARENESS: BREAST CANCER CAMP

Collaborating with the YouWeCan Foundation, SHEOWS organized a Breast Cancer Awareness Camp at our old age home in Garhmukhteshwar. Medical professionals conducted sessions emphasizing early detection, symptoms, and risks associated with breast cancer among elderly women

PROMOTING BONE HEALTH: SHEOWS' BMD TEST CAMP

SHEOWS organized a BONE MINERAL DENSITY (BMD) TEST Camp at Gautampuri ashram to assess beneficiaries' bone health. Those with low calcium levels received tailored interventions, including diets rich in calcium, vitamins, and essential nutrients to support and improve bone health

SMILING BRIGHTER: DENTAL CAMP WITH MANAV RACHNA SCHOOL

Manav Rachna School conducted a dental camp at our ashram, providing thorough check-ups and consultations to 80 beneficiaries. The camp focused on educating attendees about dental hygiene through interactive sessions, promoting healthy teeth and overall well-being

DENTAL CAMP



EYE CAMP



(BMD) TEST CAMP



BREAST CANCER AWARENESS CAMP

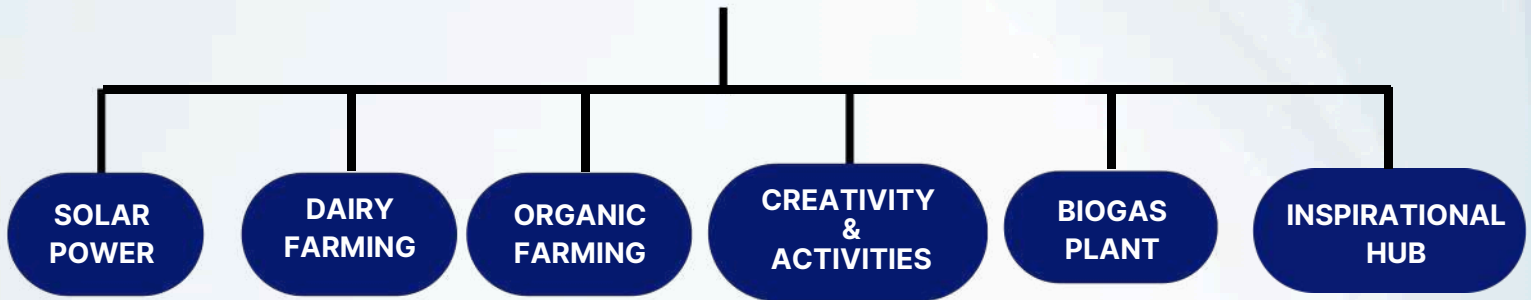
LEISURE & RECREATION

SHEOWS prioritizes residents' mental well-being through diverse recreational activities, promoting social-emotional learning and holistic enrichment. Activities range from yoga and creative sessions to festive celebrations like Holi and Diwali, fostering community spirit. Regular events such as Diwali Mela and Christmas Fete bring joy and connection. Daily activities like Bhajan Sandhyas, Yoga, Hand Painting, and Storytelling enhance cognitive and spiritual health, creating a nurturing environment where residents thrive and find joy.



SUSTAINABILITY

FOCUS AREAS





SOLAR POWER

SHEOWS maintained and optimized a 75-kilowatt solar power plant, ensuring sustainable electricity supply for the Garhmukhteshwar Ashram despite frequent power cuts in the rural area. This initiative reduced reliance on fossil fuels, lowered the ashram's carbon footprint, and supported uninterrupted power supply for elderly beneficiaries



DAIRY FARMING

SHEOWS continued dairy farming with cows at the Garhmukhteshwar Ashram, providing approximately 35 litres of pure milk daily and milk products throughout the year. This supported elderly residents, especially those on heavy medication, by boosting immunity, improving bone health, and enhancing overall well-being, helping them better manage medication side effects and age-related health issues



ORGANIC FARMING

SHEOWS expanded organic farming on the 2.5-acre Garhmukteshwar Ashram, producing nutritious, chemical-free fruits and vegetables year-round for beneficiaries. By avoiding harmful pesticides and synthetic fertilizers, SHEOWS promoted sustainable agriculture, preserving soil health and biodiversity. Involving beneficiaries and volunteers in farming activities fostered community connection and a sense of purpose within the Ashram



CREATIVITY & ACTIVITIES

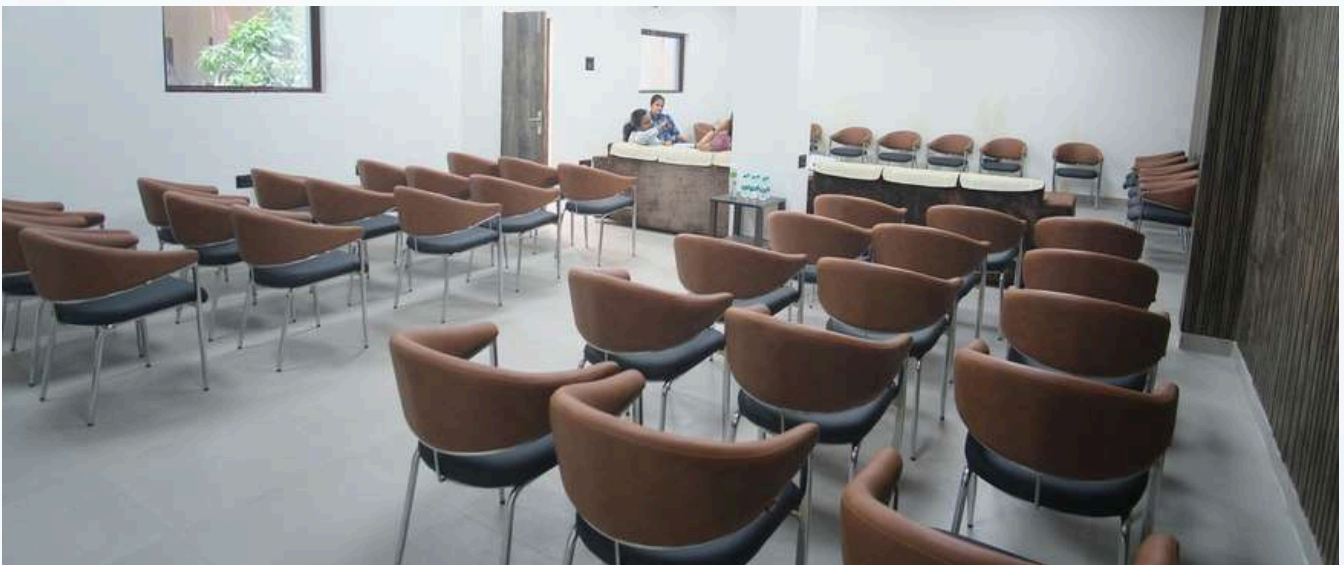
SHEOWS involves beneficiaries crafting organic diyas, candles, and eco-friendly items using natural materials, promoting mental well-being, happiness, and cognitive function, and instilling a sense of purpose and environmental responsibility by minimizing waste. Beneficiaries' sustainable creations were proudly showcased at in-house galleries and stalls during celebrations, bringing them joy and pride.

UPCOMING SUSTAINABILITY INITIATIVES



BIOGAS PLANT

SHEOWS plans to establish a biogas plant to convert cow dung into renewable energy, managing organic waste efficiently and reducing Ashram's environmental footprint. This initiative aims for greater energy self-sufficiency through biogas use in cooking, heating, and electricity, supporting sustainability goals, and promoting eco-friendly practices among beneficiaries and staff. Planned in 2023-24, implementation is set for 2024-25

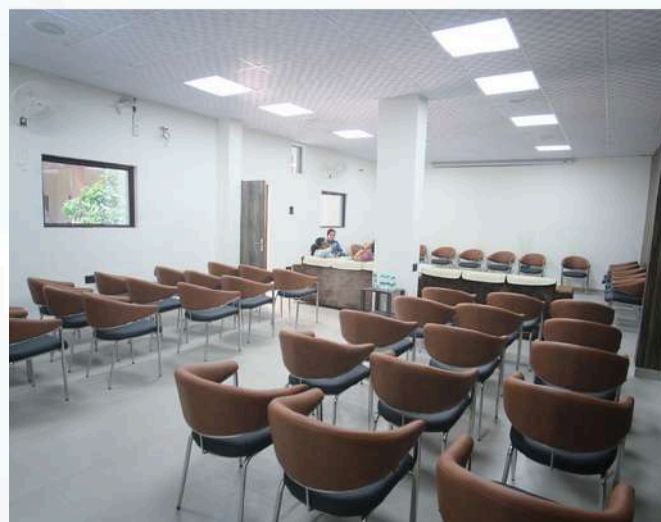


INSPIRATIONAL HUB

SHEOWS plans to lease its well-equipped conference room to external organizations and individuals, aiming to optimize Ashram resources and foster collaboration. This initiative showcases commitment to elderly care, and sustainable practices, and creates a vibrant, inclusive space for mutual benefit.

SHEOWS CARE CENTRE OKHLA

SHEOWS achieved a significant milestone by acquiring a spacious facility in Okhla, Delhi, now known as the SHEOWS care centre. This centre features a 200-bed old age home with top-notch medical facilities and a special care unit to ensure the elderly receive quality care. Additionally, SHEOWS expands its mission by venturing into social development, offering knowledge and opportunities to empower the vulnerable community. A skill development centre has been established to equip the underprivileged with essential skills for a brighter future. The SHEOWS care centre reflects its unwavering commitment to improving lives and providing a nurturing environment. Services include a 200-bed facility, medical care facilities, a recreational hall accommodating over 100 occupants, and a multipurpose conference hall.



GURU VISHRAM VRIDH ASHRAM GAUTAMPURI

Guru Vishram Vridh Ashram, established by Dr. G. P. Bhagat in 2003, serves elderly individuals with conditions like dementia, Alzheimer's, paralysis, and fractures. Located in Gautampuri, Delhi, the ashram accommodates 100 residents, offering free shelter, nutritious food, and comprehensive medical care. This includes specialized care units, pathology labs and physiotherapy services, ensuring all health needs are meticulously addressed.



SHEOWS CARE CENTRE GURUGRAM

SHEOWS is embarking on a pioneering initiative to establish India's first Geriatric Research Institute, dedicated to enhancing the quality of elderly care. In partnership with esteemed professionals, our institute will offer training programs for nurses and caregivers specializing in geriatric and palliative care. Our curriculum is tailored to provide essential skills and knowledge for addressing the unique needs of the elderly. Research topics include geriatric medicine, cognitive health, nutrition, rehabilitation, and supportive care. Additionally, our facility will offer ongoing professional development opportunities to keep nurses and caregivers updated on the latest advancements. SHEOWS is committed to setting new standards in geriatric care, ensuring a compassionate and comprehensive approach to elderly well-being.



COMMUNITY INTERVENTION

SHEOWS Community Outreach demonstrates unwavering commitment to aiding those in need through impactful initiatives. During the 15 DUSIB Shelter Food Crisis, SHEOWS provided meals to over 3000 homeless individuals, addressing immediate hunger and supporting vulnerable populations during times of crisis.

Similarly, during the Yamuna Flood Relief Drive, SHEOWS provided meals and hygiene kits to more than 5000 affected individuals for over 10 days, offering solace during challenging times. SHEOWS also prioritizes preventive healthcare through initiatives like the Health Checkup Camp, promoting physical well-being and empowering individuals to take charge of their health.



In addition, SHEOWS conducted a Winter Blanket Distribution Drive, donating blankets to more than 500 needy individuals, providing warmth and comfort during cold nights. The organization also facilitated subsidized pathology tests at Molarband, ensuring affordable access to crucial medical diagnostics and addressing healthcare disparities.

Throughout the year, SHEOWS hosted webinars on geriatric care and Alzheimer's, featuring renowned speakers like Dr. Ashok Kumar Jainer from NHS, UK. These efforts highlight SHEOWS's commitment to education, awareness, and quality care for the elderly and individuals with cognitive impairments.



CSR ENGAGEMENT

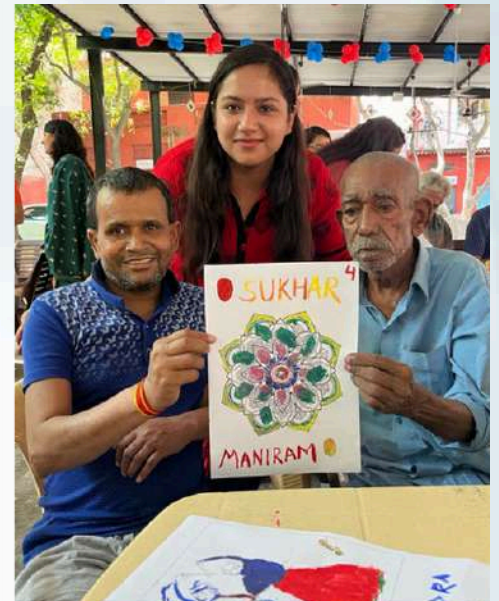
This year, our commitment to providing holistic care and support to our beloved elderly residents was further enriched through our **Corporate Social Responsibility (CSR) engagements**. Our partnerships with corporate entities have played a pivotal role in enriching the lives of our beneficiaries and fostering a sense of belonging within our community.

Throughout the year, esteemed corporate partners such as **Accenture, Deloitte, HFCL, HCL FOUNDATION, SBI CARD, ZS, Mothersons, etc** have extended their unwavering support, actively participating in various engagements and initiatives. These collaborations have not only brought moments of joy and laughter but have also strengthened the social fabric of our community.

From festive celebrations to commemorating significant days such as **Diwali, Christmas, Independence Day, International Day of Older Persons, and International Volunteer Day**, our corporate partners have been instrumental in spreading cheer and camaraderie among our elderly residents. Their presence during these occasions has not only brought smiles to the faces of our beneficiaries but has also served as a reminder of the compassion and generosity that exist within our society.

SHEOWS showcased the talents of its beneficiaries through the sale of handmade merchandise from its ashram by setting up various stalls in various corporates and societies such as **SBI CARD, HCL, SUNLIFE, METLIFE, PEARL, PIONEER, etc**. Among the offerings, the most sought-after were the meticulously crafted handmade candles, a testament to the skill and creativity of the beneficiaries involved. The success of these events not only raises funds but also spreads awareness about the challenges faced by the elderly in India, bringing us one step closer to a more compassionate society.

Beyond festivities, our corporate engagements have encompassed a diverse range of activities aimed at enhancing the overall well-being of our elderly residents. From art and craft sessions to singing and dancing sessions, painting, and more, these initiatives have provided avenues for self-expression, creativity, and companionship. Moreover, our caregivers have ensured the active participation of the elderly in these events, fostering a sense of empowerment, and belonging.





EMBASSY OF JAPAN



ACHIEVEMENTS



**NEW SHEOWS CARE CENTRE WITH 200 BED
CAPACITY INAUGURATED AT OKHLA**



**REPRESENTED SHEOWS AT SOUNDS OF RAINBOW 2023 IN
FRANKFURT, GERMANY**



**SUCCESSFULLY HOSTED A FUNDRAISING GALA IN NEW
YORK, U.S.A.**



**SHEOWS CARES FOUNDATION
NEW YORK GALA, 2023**

RECOGNITION



**MR. SAURABH BHAGAT, CEO, SHEOWS WITH
MR. SUSHIL CHANDRA, 24TH CHIEF ELECTION
COMMISSIONER, MEMBER OF THE LOKPAL COMMITTEE**



**MR. RAHUL KUMAR, MP FRANKFURT & MS. MEENAKSHI LEKHI
MINISTER OF STATE FOR EXTERNAL AFFAIRS AND CULTURE
OF INDIA**



**MR. RAHUL KUMAR, MP FRANKFURT AT SHEOWS CARES
CENTRE, OKHLA ON HIS INTERNATIONAL VISIT TO INDIA**



**MR. SANJAY BANIWAL, DIRECTOR GENERAL (PRISON)
AT INAUGURATION OF SHEOWS CARE CENTRE, OKHLA**



**MR. RAHUL KUMAR
MP FRANKFURT**



**MR. ALEX GORSKY
EXECUTIVE CHAIRMAN, JOHNSON &
JOHNSON, AND MR. JAIDEEP
BAJAJ ZS ASSOCIATES
CHAIRMAN**



**MR. TAKESHI YAGI
JAPAN AMBASSADOR**



**MR. MOHAN WANCHOO
CHAIRMAN & CEO, EC INFOSYSTEM**



**MS. ARPA GARAY, CHIEF
COMMERCIAL OFFICER, MODERNA,
Mr. ALOK SONIG, PRESIDENT,
BAXTER INTERNATIONAL Inc.**



**SAPC CFI BOARD OF
DIRECTORS**

MEDIA COVERAGE

ABC News (Australia) ✓

1.64M subscribers

Around the world, the cost of living is rising higher and faster than many can cope with. The price increases can in part be attributed to Russia's war on Ukraine compounding supply-chain woes stemming from the pandemic. India's government is among many taking steps to combat inflation, with interventions mainly focused on help with food and the elderly. Yvonne Yong reports.



Saurabh Bhagat
Director, Sheows Old-age Home

ABC NEWS

◆ APN NEWS

SHEOWS Foundation Goes Global, Hosts Charity Gala to Aid Elderly Lives



Saurabh Bhagat, CEO of SHEOWS at
Gala 2023 in New York

SHEOWS Cares Foundation took a significant stride in its mission to create a positive impact on the lives of the elderly in India by hosting the Gala 2023 in New York, USA. The event, held late this month, brought together over 100 distinguished guests, including Business Leaders, Entrepreneurs, and Philanthropists from across America.

Organised by Mr. Mohan Wanchoo, a Board Member of SHEOWS Cares Foundation, and Mr. Saurabh Bhagat, CEO of SHEOWS, the Gala served a dual purpose. Firstly, it marked the establishment of the "SHEOWS Cares Foundation, Inc.," a 501(c) registered non-profit organisation based in New York. The foundation aims to contribute to charitable and educational causes by fostering peace, prosperity, and sustainable growth. Its focus lies in providing resources, assistance, and support to vulnerable communities, particularly addressing the needs of the elderly in India.

Secondly, The Gala served as a platform to elevate SHEOWS on a global stage, spreading awareness about its noble cause. The event laid the groundwork for fundraising initiatives to support sustainable projects that align with the foundation's mission.

SHEOWS Old Age Home Rings in New Year with Heartwarming Celebrations

APN NEWS
Tuesday, April, 2024 | Today's Market | Current Time: 02:45:09



SHEOWS Old Age Home celebrated the New Year with a heartfelt event dedicated to spreading joy and fostering unity among its cherished elderly. The festivities began with traditional pooja rituals, symbolising hope and new beginnings. Baba's and Amma's actively participated, creating a sense of togetherness and shared blessings for the upcoming year.

More Than Just A Home: Gurugram's THIS NGO Offers Medical Care, Meals, and Winter Relief To Elderly

SHEOWS, founded by Dr. G.P. Bhagat in 2003, operates old age homes in Gautampuri, Garhmukteshwar, and Okhla, providing free accommodation, medical care, and nutritious meals for abandoned elderly. During COVID, they assisted thousands and supported the elderly during winter, emphasising nutrition and conducting blanket distribution drives for the underprivileged.

THE NEW INDIA TN City Desk |





Shahid Akhter • ETHealthWorld



Shahid Akhter, editor, ETHealthworld, spoke to Dr. G. P. Bhagat, founder and general secretary of SHEOWS, to figure out the multiple challenges faced by the elderly today. Policies are not enough, facilities are

scarce, resources are inadequate, and the graph is on the rise. There is a massive increase in the number of elderly people being abandoned by their own families.

Home > Highlights > Old Age Home 'SHEOWS' Holi Fest Brings Smiles to Beloved Residents

Highlights

Old Age Home 'SHEOWS' Holi Fest Brings Smiles to Beloved Residents

On celebrating this festive Occasion, Dr. G.P. Bhagat, Founder and General Secretary of SHEOWS, says, "Celebrating such festivities with the SHEOWS residents, we aim to create a sense of joy and bring smiles in the lives of the elderly. Such festivities help us and the support from corporate and volunteers helps the elderly to enjoy the moment and celebrate with everyone, be it fellow residents, our staff and people from outside the Old Age home."



SUCCESS STORIES

Name- Somnath

Age-65

Gender-Male

Rescued place-LNJP

Background:

Somnath, a 65-year-old male, was rescued from LNJP Hospital by the SHEOWS Rescue team. He was found in a critical condition and abandoned by his family. Suffering from multiple Health Disorders, Legs multiply Fractured, with external fixation rods in both, pus discharge, bed sore, and heavy body pain. Mr Somnath was pathetic and could not perform basic survival tasks.



Treatment Provided: Upon arriving at SHEOWS Elderly Care Centre, Somnath received a thorough medical assessment and a treatment plan for his complex health issues, including multiple leg fractures and external fixation rods. The team stabilized his fractures, prevented infections, managed his pain, treated his bed sores, and provided personal assistance with daily tasks. With support and physiotherapy, Somnath regained strength, mobility, and confidence. His journey from critical illness to stability reflects the effectiveness of SHEOWS's comprehensive medical treatment and personalized care, showcasing their commitment to improving the lives of elderly individuals by restoring health, dignity, and purpose.



Name- Beena

Age-70

Gender-Female

Rescued place- Delhi



Background: Beena, a 70-year-old female from Jagatpura, Delhi, was rescued by the SHEOWS Rescue team in critical condition. Abandoned by her family, she suffered from diabetes, urinary difficulties, loose motions, hypertension, weakness, and was bedridden, left to beg for survival.

Treatment Provided: Upon arriving at SHEOWS Elderly Care Centre, Beena received a thorough medical assessment and a comprehensive treatment plan for her diabetes, urinary issues, and digestive concerns. Her comfort and hygiene were ensured with medication, specialized care, ongoing monitoring, and personalized assistance with daily activities. Under SHEOWS's diligent care, Beena's health has significantly improved. Her conditions are now controlled, she has regained strength and mobility, and she can better communicate and participate in activities, reducing her loneliness. Beena's recovery highlights SHEOWS's effective, compassionate care in restoring her health, dignity, and purpose.



TESTIMONIALS

“

Testimonial for Tulsi:

"SHEOWS आने से पहले से पहले, मुझे अकेला और खोया हुआ मेहसूस होता था। लेकिन SHEOWS की टीम की मदद और प्यार का शुक्रिया, जिनहोने मुझे एक खुशनुमा महोल दिया और जहां मैंने अपने आप को महात्वपूर्ण और प्यारा मेहसूस किया। SHEOWS ओल्डएज सेंटर में, मैंने सिर्फ अपनी शारीरिक बीमारियों का इलाज ही नहीं पाया, बल्कि एक अच्छा जीवन, परिवारिक माहौल और अपने जैसे लोगो का साथ को भी पाया। अब, मैं अपने दिनों को खुशी के साथ जी रहा हूं, आज मैं मैं SHEOWS परिवार का एक हिस्सा हूं। मेरे दिल से SHEOWS के हर व्यक्ति को धन्यवाद।"



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Testimonial for Om Prakash:

"मैं SHEOWS रेस्क्यू टीम के लिए शुक्रगुजार हूं, जिसने मुझे बचाया और मेरा दूसरा परिवार बन गया, जब मेरे पास जाने के लिए और कोई जगह नहीं थी। उनके समय पर मुझे रेस्क्यू करने और मेरी देखभाल ने मेरा जीवन बदल दिया। SHEOWS केंद्र में, मुझे एक नया परिवार और अपनापन का एहसास हुआ। आज, मैं स्वस्थ और खुश हूं, और यहाँ के देखभाल करने वाले व्यक्तियों से घिरा हुआ हूं जो मेरा परिवार बन गए हैं। SHEOWS ने मेरे लिए जो कुछ भी किया है और मेरे जीवन का पुनर्निर्माण किया है, उसके लिए मैं वास्तव में आभारी हूं, धन्यवाद।"



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Testimonial for Md. Gulzar:

"मैं मोहम्मद गुलजार हूं और मैं SHEOWS आश्रम की टीम को अपना दिल से शुक्रिया अदा करता हूं। उनकी मदद और सहायता से मुझे एक नई जिंदगी मिली है। SHEOWS की रेस्क्यू टीम ने मेरी सेवा और देखभाल की है। उनका प्यार और यहाँ के लोगो के साथ ने मुझे फिर से जीवन की उम्मीद और मुस्कुराहट दी है। मैं अब SHEOWS आश्रम में एक घर जैसे मेहसूस करता हूं, जहां मेरी हर ज़रूरत और मांग पूरी होती है। मैं दिल से SHEOWS की पूरी टीम को धन्यवाद देता हूं, जिन लोगो ने मेरे जीवन में मेरा साथ दिया है।"



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GLIMPSSES OF THE YEAR



GLOBAL OUTREACH

Our Work in the USA

SHEOWS CARES FOUNDATION, INC.

Established in the USA, SHEOWS Cares Foundation, INC. is a 501(c) registered non-profit organization focused on promoting peace, prosperity, and sustainable growth by providing resources and support to vulnerable communities.



FUNDRAISING GALA HOSTED BY SAPC FI

We participated in a prestigious fundraising gala hosted by SAPC FI, attended by prominent figures such as Ms. Arpa Garay (Moderna), Mr. Alok Sonig (Baxter International Inc.), Mr. Alex Gorsky (Johnson & Johnson), Mr. Jaideep Bajaj (ZS Associates), and Mr. Mohan Wanchoo (EC System). Their support underscores the significance of our mission.



SHEOWS CARES FOUNDATION GALA 2023

Hosted in New York, this gala marked the establishment of SHEOWS Cares Foundation, INC., and served as a platform to elevate SHEOWS on a global stage. Organized by Mr. Mohan Wanchoo and Mr. Saurabh Bhagat, the event brought together over 100 distinguished guests to support our mission.



Our Work in Germany



PARTNERSHIP WITH KfK - FÖRDERVEREIN FÜR KINDER E.V.

In Germany, we partnered with KfK - Förderverein für Kinder e.V. to help abandoned and destitute elderly in India. SHEOWS ensures support and care for elderly individuals through various initiatives.

SOUNDS OF RAINBOW 2023

At Sounds of Rainbow 2023, the largest Indian cultural fest in Germany held in Frankfurt, SHEOWS showcased our mission to support destitute and abandoned elderly. Mr. Saurabh Bhagat was one of the key speakers, helping us raise awareness about our efforts to provide free food, medical care, and shelter. We garnered support and spread our message of compassion and care.



PROJECTS AUDITED BY:





SHEOWS

CARING, EMPOWERING & TRANSFORMING LIVES

SHEOWS is registered under the Foreign Contributions Regulation Act (FCRA) of 1976.

Cheque should be in favour of SHEOWS OR Saint Hardyal Eductional And Orphans Welfare Society

BANK DETAILS

HDFC BANK, Mohan Co-operative, Industrial Estate, New Delhi
A/C. No. 20341450000026
IFSC Code: HDFC 0002034

All Donations are exempted under section 80G (V) (VI) of Income Tax.

- Guru Vishram Vridh Ashram, Gautampuri Phase-1, Near Ayurved Hospital, Sarita Vihar, New Delhi-76
- Guru Vishram Vridh Ashram, Vill- Lathira, Garhmukteshwar, UP-245205
- SHEOWS CARE CENTRE, F/A-19, Abul Fazal Enclave, Thokar no. 4, Okhla, NewDelhi-110025
- Corporate office: 512, Floor 5, Paras Trinity, Sector 63, Gurugram-122011-INDIA

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