

ANNUAL REPORT 2025



SHEOWS
CARING, EMPOWERING & TRANSFORMING LIVES





"Caring for our elders is not a duty, but a cherished privilege that enriches the soul"





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OUR ASPIRATION



SANT SHRI VISHRAM MANAW

Sant Shri Vishram Manaw devoted his life to the welfare of humanity. His philosophy went beyond ordinary kindness, embodying a deep belief in sincere and wholehearted service to others. For him, the highest form of 'Karam' is **'SEWA, LOVE & KINDNESS to the Whole of Humanity'**—a lifelong commitment to building a world where empathy becomes the foundation of human behavior.

Inspired by his vision, SHEOWS is dedicated to providing compassionate care, love, and affection to abandoned, helpless, and sick elderly individuals, as well as to the poor and needy.



Dr. G.P. Bhagat
Founder & Chairman
SHEOWS

Loneliness and social isolation among the elderly have been linked to serious consequences, including a 64% increased risk of dementia. At SHEOWS, we provide care and rehabilitation for homeless, abandoned, and mentally ill elderly individuals, including those suffering from dementia, Alzheimer's, and age-related conditions. Our mission is to rescue, heal, and restore dignity, offering them a nurturing environment where they can find care, comfort, and happiness.



Mr. Saurabh Bhagat
CEO, SHEOWS

SHEOWS is actively broadening its reach across Haryana, Delhi, and Uttar Pradesh, while continuously enhancing and optimizing its existing programs. Our goals include expanding community outreach and strengthening rescue and rehabilitation efforts to support a greater number of underprivileged and destitute individuals. Additionally, we are committed to reducing elderly mortality rates and aligning our initiatives with UN Sustainable Development Goals (SDGs) 1, 2, and 3—focusing on eradicating poverty, combating hunger, and promoting holistic well-being through effective healthcare. Our vision is to create a world where every elderly person is treated with dignity and care, free from neglect and abuse.



ABOUT SHEOWS

Saint Hardyal Educational and Orphans' Welfare Society (SHEOWS) has emerged as a lifeline for abandoned elderly across the nation, offering a nurturing sanctuary that feels like a second home. Functioning under the legal framework of the Society Registration Act of 1860 and the Foreign Contributions (Regulation) Act of 1976, SHEOWS has remained steadfast in its mission for over two decades—supporting destitute, abandoned, and physically challenged elderly individuals.

Currently, SHEOWS operates three Old Age Homes:

- **SHEOWS Care Centre**, Abul Fazal Enclave, Delhi
- **SHEOWS Care Centre**, Gautampuri, Delhi
- **SHEOWS Care Centre**, Lathira (Garhmukhteshwar), District Amroha, Uttar Pradesh

Together, these facilities provide shelter and care to over 500 elderly residents. Over the years, SHEOWS has served more than 12,000 elderly individuals, reunited over 4,000 with their families, and ensured the dignified cremation of more than 7,000 souls.

We are also proud to announce our upcoming Old Age Home and Geriatric Research & Training Centre in Sohna, Gurgaon, Haryana—a state-of-the-art facility aimed at expanding our mission through specialized care and research in elderly welfare, while continuing to provide a compassionate environment for the most vulnerable.

CSR No: CSR00000665

VISION & MISSION



VISION

To mitigate the sufferings of elderly picked up from the streets and ensure they have a dignified life by providing them access to comfortable accommodation, nutritious food and proper healthcare.



MISSION

To work for the neglected and abandoned elders left to die on the streets by their families, by providing shelter, food, and critical healthcare at our old age homes.

WORKING MODEL



RESCUE

We provide 24/7 rescue services, ensuring quick responses to emergency calls and prompt arrival at any location. Our dedicated team of trained professionals assesses the condition of the elderly on-site and delivers immediate medical care when necessary.



ADMISSION

After rescue, we admit the elderly individuals to one of our Old Age Homes—Okhla, Gautampuri, or Garh Mukhteshwar. Our trained staff ensures a smooth transition, providing personalized care and support from the moment they arrive. Every aspect of documentation and coordination is meticulously managed, ensuring comprehensive care for each new resident.



SOS TREATMENT

We manage many rescued individuals who require urgent medical attention. Our dedicated medical team promptly assesses their condition and provides emergency care as needed, ensuring each person receives timely treatment to stabilize their health and begin their recovery journey. Our facilities are always prepared to handle critical cases with swift coordination and 24/7 medical readiness.

We provide nutritious, hygienic, and age-appropriate meals tailored to the health needs of each resident. Special attention is given to dietary requirements, including diabetic-friendly, low-sodium, and soft food options, ensuring both physical well-being and mealtime satisfaction. Our meals are thoughtfully prepared to support overall health while offering variety and taste that residents can enjoy.

FOOD





SHELTER

We provide clean, spacious, and well-maintained living spaces at our Old Age Homes—Okhla, Gautampuri, and Garh Mukhteshwar. Each facility is designed to offer a peaceful and secure environment where the elderly can live with dignity and comfort. Round-the-clock supervision and thoughtful arrangements ensure their safety, emotional well-being, and a true sense of belonging.



MEDICAL CARE

Our care homes feature state-of-the-art medical facilities, including 120 specialized care beds, advanced respiratory support (oxygen concentrators, ventilators, Bi-PAP machines), and on-site pathology labs, digital X-ray, and an operation theatre for swift diagnosis and treatment. These ensure holistic, high-quality care tailored to our residents' needs.

LEISURE AND RECREATION

At our care homes elderly residents enjoy a vibrant array of leisure and recreational activities designed to enhance their well-being. From music and indoor games to festival celebrations and theatre performances, these engaging experiences bring joy, stimulate memory, and encourage social interaction. More than just entertainment, these activities help build a warm, connected community where elderly feel valued and involved.



CREMATION

We ensure a respectful and dignified farewell for elderly beneficiaries, conducting cremation ceremonies in accordance with their religious beliefs. Our aim is to provide a meaningful sense of closure, honoring their life's journey with the utmost care and reverence. Even in their final moments, we stand by them as family—offering love, prayers, and the dignity every soul deserves.

GOVERNING BODY

| S.N | NAME | DESIGNATION |
|-----|-----------------------------|--------------------|
| 1. | Dr. Girdhar Prasad Bhagat | Chairman |
| 2. | Mr. Rakesh Kumar | Vice Chairman |
| 3. | Ms. Jyoti Narula | Treasurer |
| 4. | Mr. Bhupender Kumar Sood | Member |
| 5. | Mr. Shyam Narayan Pandey | Member |
| 6. | Mrs. Aparna Das | Member |
| 7. | Mrs. Monica Mahajan | Member |
| 8. | Mrs. Rama Tandon | Member |
| 9. | Mr. Shubham Vivek Shishodía | Member |
| 10. | Mr. Ajay Seth | Member |
| 11. | Mr. Banshi Dhar | Member |
| 12. | Mrs. Aruna Sharma | Member |
| 13. | Mr. Prabhat Kumar Mehrotra | Member |
| 14. | Mrs. Neha Bhagat | Ex- Officio Member |

OUR SERVICES & IMPACT

FOOD & NUTRITION

At SHEOWS, we understand the unique dietary needs of the elderly and are committed to providing three well-balanced, nutritious meals every day. Each meal is carefully planned by medical professionals to address age-related health conditions such as diabetes, hypertension, and digestive issues. We also use organic vegetables grown on our own farms and fresh dairy products ensuring the highest standards of quality, freshness, and hygiene. To further support immunity and overall well-being, we also provide daily health supplements, promoting complete nourishment and care.





● MEAL SERVED IN 2024-2025 ●

7,78,545

No. of Meals
Served

2,41,901

No. of Health
Supplements

5,19,030

No. of Snacks
& Tea Served



MEDICAL CARE

Our care homes are equipped with cutting-edge medical technology, ensuring swift diagnoses and effective treatments. These advanced facilities enable us to deliver high-quality, personalized care tailored to the unique health needs of our elderly residents.

Our Care Homes offer a range of Medical Services:

- | | | |
|---|---|--|
| <ul style="list-style-type: none">• 120 Special Care Unit Beds• Physiotherapy Centre• Advanced Path Lab | <ul style="list-style-type: none">• 24x7 Doctors & Nurses• In-house Pharmacy• Operation Theatre | <ul style="list-style-type: none">• Care for Dementia• X-RAY• 24x7 Ambulance Service |
|---|---|--|





SPECIAL CARE UNITS (SCU'S)

Patients with serious health conditions are admitted to our Special Care Unit, which is fully equipped with advanced medical facilities, including ventilators, monitors, oxygen concentrators, and defibrillators. This unit is designed to handle critical cases with precision and compassion, ensuring that even the most severe health concerns are managed with the highest standard of care.



PHYSIOTHERAPY

Our Physiotherapy Centres offer advanced treatments to enhance mobility, reduce pain, and improve well-being. Our expert professionals provide therapies like manual therapy, electrotherapy, shockwave therapy, laser therapy, and more—targeting arthritis, osteoporosis, nerve pain, and muscular disorders. These personalized, evidence-based treatments help elderly residents regain function, manage chronic pain, and lead a more active, independent life.



OPERATION THEATRE

Our Operation Theatres are equipped with advanced technology and strict infection control measures to ensure safe, high-quality orthopedic surgeries, including femur fractures, hip replacements, and fracture repairs. Our expert medical teams uphold precision, efficiency, and compassionate care in every procedure. Each theatre is maintained with the highest standards of safety and readiness to support successful surgical outcomes.



PATHOLOGY

Our in-house pathology lab is equipped with fully automated machines for biochemistry, immunology, electrolyte analysis, and hematology. We offer a wide range of diagnostic services, including routine blood tests, metabolic panels, hormonal profiles, vitamin and mineral assessments, and infectious disease screenings. These comprehensive tests ensure accurate diagnoses and allow for timely, personalized medical care tailored to each resident's specific health needs.



ROUND-THE-CLOCK MEDICAL SUPPORT

Our medical centers are staffed with highly skilled doctors, nurses, and paramedical staff, providing 24/7 medical support to ensure round-the-clock care. Additionally, on-call specialists, including neurologists, gynecologists, and psychiatrists, are available to address complex health needs. This comprehensive setup guarantees continuous, lifesaving care for all elderly residents.



COMPREHENSIVE PHARMACY SERVICES

Our in-house pharmacy operates 24/7, ensuring that the needs of our medical centers are consistently met. We provide a comprehensive range of routine and emergency medications, health supplements, surgical supplies, and more. With the support of a dedicated in-house pharmacist and the use of advanced pharmacy software, we ensure accurate dispensing, efficient inventory management, and seamless integration with our healthcare services.



ADVANCED IMAGING

We are equipped with an advanced digital X-ray machine, essential for elderly care and treatment. Many elderly individuals suffer from lung infections, bone-related conditions, bone dislocations, and fractures, all of which require accurate X-ray imaging for proper diagnosis. This technology enables our doctors to provide timely and precise medical care, ensuring the best outcomes for our residents.



BRAIN MAPPING

Doctors from the All India Institute of Ayurveda and engineers from IIT Delhi are conducting brain mapping for our elderly residents. They collect blood samples and prescribe & provide ayurvedic medications based on their diagnoses. Follow-ups are conducted every six months to assess the effectiveness of the treatment and support their ongoing research, tracking improvements in the residents' health. A comprehensive screening of 81 individuals has been carried out using sophisticated assessment tools, including the DSM-IV, MoCA scales, ADAS-cog, QoL-Scale, and advanced brain mapping via a 32-channel EEG setup. These evaluations have been crucial in documenting cognitive function and brain activity patterns, enabling us to develop personalized care plans that improve overall well-being. By integrating cutting-edge methodologies, we ensure each resident receives precise, effective, and tailored treatment for optimal results.



IMPACT: MEDICAL CARE

Medical Services Provided in 2024-2025

Medicine Doses Provided



6,42,600

SCU Services



34,200

Surgeries



132

Physiotherapy Sessions



2,17,800

X-Ray Tests



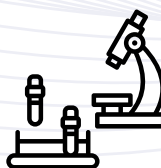
20,520

Beds in SCU



120

Pathological Tests



4,80,816

In the year 2024-2025, SHEOWS has saved over 711 lives and provided 34,200 Special Care Unit services. Our medical support included 4,80,816 pathology tests, 2,17,800 physiotherapy sessions, 745 X-rays, and 132 surgeries. Additionally, we provided 6,42,600 doses of essential medicines to ensure the well-being of our elderly.

DEMENTIA PATIENTS



Caring for elderly patients with Dementia, Alzheimer's, and other psychiatric conditions is a complex and sensitive responsibility. Our trained caregivers create safe, structured, and supportive environments tailored to each individual's mental health needs. With the assistance of visiting neurologists and personalized neuro-medications, we are dedicated to enhancing their quality of life through compassionate, attentive, and specialized care. We also engage residents in cognitive activities and emotional support to promote mental well-being and connection.



Health Camps & Campaigns

We regularly organize health camps for our residents, as well as for the underprivileged members of the community. These camps include eye check-ups, general health check-ups and bone density tests. We collaborate with trusted healthcare providers and organizations to ensure access to essential medical care and surgical procedures. These initiatives help us provide comprehensive health support, promoting the well-being of both our residents and the broader community.

EYE CAMPS

7th August 2024 – Eye Camp, Okhla

Organized with support from AK Institute, this health camp provided eye examinations, treatment suggestions, and referrals for further care when required.

21st October 2024 – Eye Camp, Okhla

Conducted in association with Golden Lions Club Anaya, this camp offered comprehensive eye screening to elderly residents, helping identify vision issues and provide timely interventions.

22nd October 2024 – Eye Camp, Garhmukteshwar

Held at our Garh Ashram in partnership with the Golden Lions Club, this camp extended eye care services to senior residents in rural settings, ensuring no one is left behind.

CREATING AWARENESS: BREAST CANCER CAMP

Collaborating with the YouWeCan Foundation, SHEOWS organized a Breast Cancer Awareness Camp at our old age home in Garhmukhteshwar. Medical professionals conducted sessions emphasizing early detection, symptoms, and risks associated with breast cancer among elderly women.

MINDFULNESS SESSION BY SOUL DIETS FOUNDATION

On 3rd February 2025, our residents at Garhmukhteshwar Ashram participated in a special session on Mindfulness and Its Practices, conducted by the Soul Diets Foundation. This interactive session helped enhance mental well-being, reduce stress, and promote emotional balance among our elderly community, complementing their overall health care.





LEISURE AND RECREATION

We prioritize the mental well-being of our elderly by offering a diverse range of recreational activities that promote social-emotional learning and holistic enrichment. From Yoga and creative sessions to vibrant festive celebrations like Holi and Diwali, we foster a strong sense of community and joy. Our regular events, including the Diwali Mela and Christmas stalls, bring warmth, connection, and festive cheer to everyone. Daily activities like Bhajan Sandhyas, yoga, hand painting, and storytelling are designed to enhance cognitive, spiritual, and emotional well-being, creating a nurturing and uplifting environment for all residents.

SUSTAINABILITY



FOCUS AREAS

**SOLAR
POWER**

**GOBAR
GAS PLANT**

**FRUITS
GARDEN**

**DAIRY
FARMING**

**ORGANIC
FARMING**

**CREATIVITY &
ACTIVITIES**



SOLAR POWER

We have successfully maintained and optimized a 140-kilowatt solar power plant, ensuring a sustainable electricity supply for our Garhmukhteshwar Ashram, despite frequent power cuts in the rural area. This initiative has significantly reduced our reliance on fossil fuels, lowered our carbon footprint, and provided uninterrupted power for the comfort and well-being of our elderly beneficiaries.



DAIRY FARMING

At our Garh Mukhteshwar Ashram, we maintain a dairy farm with Gir, Sahiwal, and other cows, producing around 140 liters of pure milk daily. This sustains our elderly residents, especially those on heavy medication, by boosting immunity, strengthening bones, and improving overall well-being. Additionally, we integrate sustainability by utilizing cow dung in our gobar gas plant and organic farming, enriching the soil with compost. Gau Mutra supports ayurvedic medicine preparation and organic pesticide production, further reinforcing holistic care.



GOBAR GAS PLANT

At our Garhmukhteshwar old age home, we have installed two Gobar (biogas) plants that serve dual purposes — providing clean cooking gas for daily use and producing nutrient-rich compost that supports our organic farming activities. This sustainable solution not only reduces our dependence on conventional fuels but also aligns with our commitment to environmental stewardship and self-reliance.



ORGANIC FARMING

We have expanded organic farming on our 3-acre land at the Garhmukteshwar Old Age Home, cultivating nutritious, chemical-free fruits and vegetables year-round for our beneficiaries. By avoiding harmful pesticides and synthetic fertilizers, we promote sustainable agriculture, preserving soil health and biodiversity. Involving both beneficiaries and volunteers in farming activities fosters a strong sense of community and purpose within the Old Age Home, creating an enriching environment for all.



FRUITS GARDEN

Our garden is home to a variety of fruit trees, including mangoes of different varieties, guava, lychee, pears, sapodilla, jackfruit, anjeer (fig), bael fruit, lemons, and more. Our elderly residents have the opportunity to visit the garden and pluck fresh fruits directly from the trees, enjoying the natural, fresh produce and connecting with nature.

CREATIVITY & ACTIVITIES

Our elderly beneficiaries engage in creative and sustainable activities that promote well-being, including diya coloring, candle-making, and crafting eco-friendly products. They also participate in organic farming, gardening, kitchen assistance, and Gaushala care. These hands-on tasks enhance physical and cognitive health, provide emotional fulfillment, and instill a strong sense of purpose.



SHEOWS CARE CENTRE-OKHLA

Nestled in the greenery of Okhla, New Delhi, the SHEOWS Care Centre offers a peaceful, healing sanctuary for the elderly. Our Guru Vishram Vridh Ashram is currently home to 150 seniors, with plans to expand to 250, ensuring more lives are touched with dignity and love. The centre is fully equipped with vital medical facilities including a Digital X-Ray, ICU, Pathology Lab, Physiotherapy Centre, and Recovery Wards—ensuring safety and comfort for our residents.

But care here goes beyond medicine. With a vibrant recreational area and a welcoming conference hall, we nurture joy, connection, and purpose. Our Skill Development Centre empowers underprivileged individuals with practical training, helping them reclaim hope and self-reliance.

More than a care facility, SHEOWS Care Centre Okhla is a home filled with purpose, healing, and heart.





GURU VISHRAM VRIDH ASHRAM- GAUTAMPURI

Established in 2003, this Old Age Home has served as a sanctuary for elderly individuals facing conditions such as dementia, Alzheimer's, paralysis, and fractures. Originally home to around 100 residents, the facility has now been transformed into a Special Care Unit with 40 beds. The centre provides free shelter, nutritious meals, and comprehensive medical care in a compassionate and dignified setting. Beyond physical care, the centre promotes emotional well-being through engaging activities and a strong sense of community, ensuring that each resident feels valued, connected, and cared for.



GURU VISHRAM VRIDH ASHRAM- GARHMUKTESHWAR

Set on a serene 6-acre campus, our Garhmukhteshwar Old Age Home cares for over 250 residents with a Special Care Unit offering round-the-clock medical support. The facility features an organic farm that grows fresh fruits and vegetables, ensuring nutritious meals made from homegrown produce. Our dedicated team provides comprehensive healthcare—medication, regular check-ups, and physiotherapy—along with social and emotional support through various activities, creating a loving, family-like atmosphere for all residents.



SHEOWS CARE CENTRE- GURUGRAM

SHEOWS Care Centre, Sohna, Gurugram, Haryana, is embarking on a pioneering initiative to establish India's first Geriatric Research & Training Institute, along with an Old Age Home, dedicated to enhancing the quality of elderly care. In collaboration with the Harmony Care Association and HSH e.V. Germany, we marked a significant milestone in our journey to empower the elderly. The Foundation Stone Laying Ceremony, held on 22nd March 2025 in Sohna, Gurgaon, Haryana, was a momentous occasion, marking the establishment of a 500-bedded Old Age Home and the launch of the Geriatric Research & Training Institute. This transformative initiative aims to elevate the standards of elderly care by training nurses and caregivers. With advanced technology and expertise from Germany in geriatric care, the research will focus particularly on mental illnesses like dementia, Alzheimer's, and other psychiatric conditions, offering holistic treatment options. The institute will take an integrated approach to treatment, combining various therapies such as homeopathy, Ayurveda, Unani medicine, yoga, and meditation.

We were honored to have distinguished dignitaries grace the occasion, including:

- ◆ **Mr. Rahul Kumar**, Member of Parliament, Frankfurt, Germany
- ◆ **Shri Rao Narbir Singh**, Cabinet Minister, Haryana
- ◆ **Mr. Tej Pal Tanwar**, MLA, Sohna
- ◆ **Shri Trivendra Singh Rawat**, Member of Parliament
- ◆ His Holiness **Baba Brahmadas Ji Maharaj**, Dera Baba Bhuman Sha Ji, Sirsa



SHEOWS STONE-LAYING CEREMONY



Felicitating Shri Rao Narbir Singh, Minister of Industries, Commerce, Environment, Forest, Haryana along with Shri Tejpal Tanwar, MLA Sohna Tawru



Honourable Chief Guest, Shri Rao Narbir Singh, Minister of Industries, Commerce, Forest, Haryana addressing the audience



At the Foundation Stone Laying Ceremony of SHEOWS Care Old Age Home & Geriatrics Care Centre, Gurgaon along with Shri Trivendra Singh Rawat, Dr. G.P Bhagat and Mr. Rahul Kumar.



Shri Trivendra Singh Rawat, Former Chief Minister and Member of Parliament, Uttarakhand, addressing the audience.



Mr. Saurabh Bhagat, CEO, SHEOWS (L) along with Dr. G.P. Bhagat, Founder & Chairman felicitating Maharaj Dera Baba Bhuman Sha Ji, Sirsa



Guest of Honour, Shri Trivendra Singh Rawat, Former Chief Minister and Member of Parliament, Uttarakhand being felicitated by Mr. Rahul Kumar, Parliament Member, Frankfurt, Germany (L) and Mr. Saurabh Bhagat, CEO, SHEOWS (R)

COMMUNITY INTERVENTION



SHEOWS (Saint Hardyal Educational and Orphans Welfare Society) remains dedicated to supporting elderly and underserved populations through focused community interventions in healthcare, nutrition, and seasonal relief.

In **June 2024**, over 1,000 people benefited from a multi-specialty health camp held in Garhmukteshwar during Ganga Dusshera. Free tests, including blood sugar, KFT, and LFT, enabled early diagnosis of chronic conditions. The camp also offered counseling on nutrition, medication, and lifestyle changes.

On **22nd October**, in collaboration with TALIB Trust, SHEOWS conducted an eye check-up camp for 500+ individuals. Ten critical patients received same-day surgeries, restoring vision and improving quality of life. Eye care awareness material was also distributed.



During the 15-day DUSIB Shelter food crisis, SHEOWS served over 3,000 hot meals to the homeless. A winter blanket drive provided warmth and protection to more than 500 individuals living in exposed conditions.

To increase access to affordable diagnostics, subsidized pathology tests were conducted for over 600 people in Molarband, enabling timely medical intervention for low-income families.

A Food Demonstration Drive educated over 1,200 caregivers and elderly individuals on preparing nutritious, affordable meals using local ingredients, promoting better dietary habits among vulnerable groups.

SHEOWS also hosted national webinars on geriatric issues, including dementia, elder abuse, palliative care, and elderly nutrition, reaching 500+ participants including caregivers and health professionals.

These initiatives reflect SHEOWS' holistic approach to elderly care—delivering critical support, awareness, and dignity to those often overlooked, and reinforcing its commitment to building healthier, more resilient communities.



CSR ENGAGEMENT

This year witnessed remarkable growth in our CSR partnerships, which played a pivotal role in enriching the lives of our elderly residents through both operational support and meaningful engagement. Our corporate partners extended not only financial assistance but also their time, presence, and empathy, making a lasting impact on our community. Renowned organizations such as HCL Foundation, SBI Cards, BC Jindal, MetLife, ZS, APPI, Dixon Technologies, Motherson, and others enabled us to provide consistent medical care, nutritious food, and dignified living conditions across our centers in Okhla, Gautampuri, and Garhmukteshwar.

Throughout the year, our residents enjoyed a vibrant calendar of festivals and special occasions, made even more joyful by the participation of our CSR partners. Whether it was celebrating Diwali with lights and sweets, singing carols during Christmas, tying rakhis on Raksha Bandhan, or dancing to dhol beats on Holi, each moment was filled with laughter, warmth, and companionship. Wellness initiatives such as Yoga Day and Environment Day, where residents participated in guided sessions, tree planting, and sustainable living workshops.

In addition to celebrations, many corporate teams conducted art and craft workshops, musical sessions, and recreational games that brought creativity and joy to our elderly. These engagements offered a deep sense of belonging, companionship, and emotional support to residents, while also fostering empathy among volunteers.

Together, our CSR partners have not only sustained lives but have also nurtured creativity and connection—making this year's journey a testament to the transformative power of compassionate collaboration.



Metlife



HCL



HCL



Zs Care



HCL



Paytm



Metlife



Zs Care



Accenture



Deloitte



ITOCHU



SBI CARD



Paytm



Accenture



Accenture



SBI CARD

OUR CORPORATE DONORS



RECOGNITION



**Shri. Manohar Lal Khattar
Minister of Housing and Urban
Affairs of India**



**Shri. Nayab Singh Saini, Hon'ble
Chief Minister, Haryana .**



**Mr. Rahul Kumar,
Parliament Member, Frankfurt and
Hon'ble Shri Pushkar Singh Dhami,
CM, Uttarakhand**



**Mr. Naveen Jindal
Chairman of Jindal Steel & Power,
Honourable Member of Parliament .**

RECOGNITION



SHRI. SUSHIL CHANDRA, 24TH CHIEF ELECTION COMMISSIONER, MEMBER OF THE LOKPAL COMMITTEE



MR. RAHUL KUMAR, PARLIAMENT MEMBER, FRANKFURT & SMT. MEENAKSHI LEKHI MINISTER OF STATE FOR EXTERNAL AFFAIRS AND CULTURE OF INDIA



Building bridges: German Mayor Delegation team meets Indian representatives to explore business in Haryana & Punjab



MR. SANJAY BANIWAL, DIRECTOR GENERAL (PRISON) AT INAUGURATION OF SHEOWS CARE CENTRE, OKHLA

RECOGNITIONS



MR. RAHUL KUMAR
PARLIAMENT MEMBER, FRANKFURT



MR. ALEX GORSKY
EXECUTIVE CHAIRMAN, JOHNSON & JOHNSON
& **MR. JAIDEEP BAJAJ**
BAJAJ ZS ASSOCIATES, CHAIRMAN



MR. TAKESHI YAGI
JAPAN AMBASSADOR



MR. MOHAN WANCHOO
CHAIRMAN & CEO, EC INFOSYSTEM



MS. ARPA GARAY
CHIEF COMMERCIAL OFFICER, MODERNA
MR. ALOK SONIG
PRESIDENT, BAXTER INTERNATIONAL Inc.



SAPC CFI
BOARD OF DIRECTORS

INDO-GERMAN INVESTMENT SUMMIT



Building bridges: German Mayor Delegation team meets Indian representatives to explore business in Haryana & Punjab

Mr. Saurabh Bhagat, CEO, SHEOWS, with Mr. Manfred Ockel, Mayor of Kelsterbach (L) Mr. Stephan Wittekind, Managing Director of the Asia Purpose Association (R) & Dr. G.P. Bhagat, Director, SHEOWS (R)



**Mr. Patrick Burghardt
Lord Mayor of Rüsselsheim A.M**



**Ms. Ritu Sain
IAS Officer on Special Duty (OSD) and
Investment Commissioner at CSIDC**



ACHIEVEMENTS



Mr. Saurabh Bhagat, CEO, SHEOWS addressing German Delegates and other dignitaries at the Indo German Investment Summit, New Delhi

REPRESENTED SHEOWS AT SOUNDS OF RAINBOW 2024 IN FRANKFURT, GERMANY



SUCCESSFULLY HOSTED A FUNDRAISING GALA IN NEW YORK, U.S.A.

ACHIEVEMENTS

Mr. Saurabh Bhagat
BAPIO Annual Conference 2024 in
Bristol, UK



Mr. Saurabh Bhagat, CEO, SHEOWS
with Mr. Ramesh Mehta, President,
BAPIO, UK



Mr. Saurabh Bhagat, CEO with
the visiting German Delegation
& Mr. Shatrueet Kapur
Hon'ble DGP, Haryana



AWARDS



Indian Social Impact for
Top 20 NGO'S of INDIA

Mahatma Award for social good for
ELDERLY CARE was presented to the
director of SHEOWS MR. Saurabh
Bhagat recently



SHEOWS was honored with DELHI NGOS
IN HEALTHCARE LEADERSHIP AWARD
by Zee Business National Healthcare
Leadership Congress & Awards

GLOBAL OUTREACH

• Our Work in the USA •

SHEOWS CARES FOUNDATION, INC.

Established in the USA, SHEOWS Cares Foundation, INC. is a 501(c) registered non-profit organization focused on promoting peace, prosperity, and sustainable growth by providing resources and support to vulnerable communities.



Fundraising Gala Hosted by SAPC FI

Established in the USA, SHEOWS Cares Foundation, INC. is a 501(c) registered non-profit organization focused on promoting peace, prosperity, and sustainable growth by providing resources and support to vulnerable communities.

SHEOWS Cares Foundation Gala 2024

Hosted in New York, this gala marked the establishment of SHEOWS Cares Foundation, INC., and served as a platform to elevate SHEOWS on a global stage. Organized by Mr. Mohan Wanchoo and Mr. Saurabh Bhagat, the event brought together over 100 distinguished guests to support our mission.



GLOBAL OUTREACH

• Our Work in Germany •

Partnership with KfK - Förderverein für Kinder e.V.

In Germany, we partnered with KfK - Förderverein für Kinder e.V. to help abandoned and destitute elderly in India. SHEOWS ensures support and care for elderly individuals through various initiatives.



Sounds of Rainbow 2024

At Sounds of Rainbow 2024, the largest Indian cultural fest in Germany held in Frankfurt, SHEOWS showcased our mission to support destitute and abandoned elderly. Mr. Saurabh Bhagat was one of the key speakers, helping us raise awareness about our efforts to provide free food, medical care, and shelter. We garnered support and spread our message of compassion and care.



MEDIA COVERAGE

The South Asian Times

Trust in Truth



Long Islanders Raise \$125,000 for SHEOWS Seniors' home in India

Thanks to some philanthropists and generous donors, \$125,000 was raised at the annual charity gala held at the Pearl banquet hall. The proceeds go to Saint Hardyal Educational and Orphan



Building Bridges: Indo German Summit Delegation Dinner

Monday, November 11, 2024



New Delhi [India], October 30: A high-ranking German Delegation is on a 7-day visit to India as a part of the Building Bridges Programme for investment and political collaboration. An Indo-German Summit delegation dinner was co-hosted by Rahul Kumar, Member of Parliament, Frankfurt A.M and Saurabh Bhagat, Advisor, International Relations, Office of Member of Parliament, Frankfurt A.M in New Delhi on October 27, 2024. The German delegation is actively seeking to uncover investment possibilities and partnerships in sectors such as healthcare, automotive, and logistics within India.

दैनिक भास्कर

सूचना के अधिकार अधिनियम, 2005 के तहत सूचना का अधिकार

बिल्डिंग ब्रिज निवेश और राजनीतिक सहयोग के लिए जर्मन प्रतिनिधिमंडल आएगा भारत

भास्कर समाचार सेवा

नई दिल्ली। एक उच्चस्तरीय जर्मन प्रतिनिधिमंडल 23 से 30 अक्टूबर, 2024 तक भारत का दौरा करेगा, जिसका उद्देश्य आर्थिक संबंधों को बढ़ाना है, खासकर के हरियाणा और पंजाब के साथ। यह पहल 'ब्रिज' रोजिन्ट प्रोग्राम का हिस्सा है, जिसमें निवेश के अवसरों को खोज करने और लॉजिस्टिक्स, हेल्थ व मेडिसिन, ऑटोमोटिव इंडस्ट्री और रिटेल सेक्टर जुड़ने पर ध्यान केंद्रित करते हुए लॉन्ग टर्म पार्टनरशिप बनाने के लिए तीन सप्ताह के बीच कोलैबोरेशन शामिल है। प्रतिनिधिमंडल में प्रमुख आधिकारिक शामिल होंगे, जिनमें फ्रैंकफर्ट के सांसद राहुल कुमार, कैल्स्टरबर्ग के मेयर और इन्वेस्टमेंट के मेयरमैन मैक्सेड ओकल, स्पेल्सहाइम के सीईओ मेयर पेट्रिक बर्गहार्ट, रैनडोम के मेयर हेरिड रेडेल, रैनडोम के इकोनॉमिक डेवलपमेंट हेड क्लाउडिया गोर्टज, एलिजा पॉप एगोसिएशन के मैनेजिंग डायरेक्टर स्टीफन चिट्काई, और



इंटरनेशनल रिलेशन, एडवाइजर सौरभ भगत शामिल होंगे, जो भारत में इस पहल के कार्यान्वयन को देखरेख करेंगे। उनके दौर की प्रमुख शक्तियों में से एक हरियाणा के मुख्यमंत्री के साथ बैठक होगी, जिसमें संभावित निवेश परियोजनाओं पर चर्चा की जाएगी, नई दिल्ली में, डेलिगेशन जर्मन एम्बेसडर डॉ. ब्रिगिथ एकरमैन और वाइस चांसलर रॉबर्ट हेबेक के साथ-साथ भारत सरकार के कई राष्ट्रीय मंत्रियों से मुलाकात करेगा, ताकि आपसी सहयोग और हितों को और मजबूत किया जा सके। इसके अतिरिक्त, प्रतिनिधिमंडल नई दिल्ली में एलिजा पेट्रिक बर्गहार्ट के साथ भी मिलेगा।

MEDIA COVERAGE

ABC News (Australia) ✓

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Around the world, the cost of living is rising higher and faster than many can cope with. The price increases can in part be attributed to Russia's war on Ukraine compounding supply-chain woes stemming from the pandemic. India's government is among many taking steps to combat inflation, with interventions mainly focused on help with food and the elderly. Yvonne Yong reports.



Saurabh Bhagat
Director, Sheows Old-age Home

ABC NEWS

APN NEWS

SHEOWS Foundation Goes Global, Hosts Charity Gala to Aid Elderly Lives



Saurabh Bhagat, CEO of SHEOWS at Gala 2023 in New York

SHEOWS Cares Foundation took a significant stride in its mission to create a positive impact on the lives of the elderly in India by hosting the Gala 2023 in New York, USA. The event, held late this month, brought together over 100 distinguished guests, including Business Leaders, Entrepreneurs, and Philanthropists from across America.

Organised by Mr. Mohan Wanchoo, a Board Member of SHEOWS Cares Foundation, and Mr. Saurabh Bhagat, CEO of SHEOWS, the Gala served a dual purpose. Firstly, it marked the establishment of the "SHEOWS Cares Foundation, Inc.," a 501(c) registered non-profit organisation based in New York. The foundation aims to contribute to charitable and educational causes by fostering peace, prosperity, and sustainable growth. Its focus lies in providing resources, assistance, and support to vulnerable communities, particularly addressing the needs of the elderly in India.

Secondly, The Gala served as a platform to elevate SHEOWS on a global stage, spreading awareness about its noble cause. The event laid the groundwork for fundraising initiatives to support sustainable projects that align with the foundation's mission.



ASSOCIATED PRESS



The Saint Hardy Educational and Orphans Welfare Society is a refuge for those who epitomize a troubling trend in India. Older people abandoned by their families.

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 GAMES
 E-FIGURE
 BRIEFING

One woman spent more than eight years living at a faraway temple where she was deserted by her children. Another tells of a son she loved who forced her out, saying if she didn't leave, his wife would. A man sitting atop a bed with sheets adorned with teddy bears and smiling anthropomorphic mushrooms was left to die on the street, arriving here so starved that he ate 22 rotis, one after another after another.

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By the time they reached the coast for the night and camped, many were too weak to speak. In the next morning, according to the words of one ship, campers passed their final days in pain.

 INDEPENDENT



DEFENDING MANITOBA SINCE 1872
FREEDOM OF CHOICE

"They said, 'Taking care of him is not our business,'" says Amy Bethel Shorris, 45, a retired policeman whose sons left him in the car near the river after he was badly hurt in an accident. "They said, 'Throw him away.'"



More striking than the gravity of the stones or the weight of the corpses is the warmth inside the skulls. With skulls buried under weathered floors or hands are pressed together in a sign of welcome or placed on a visitor's head, skulls indicate their role as a welcomed presence.

A woman wearing a bright orange sari with a floral pattern is seen from the back, reaching out towards a man sitting on the ground. The man is wearing a grey t-shirt and dark shorts, and appears to be holding a small object in his hands. They are on a paved sidewalk next to a road. In the background, there are other people, including a man in a blue shirt and another in a red shirt, and a motorcycle parked on the left. A metal fence runs along the right side of the sidewalk.

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Shahid Akhter, editor, ETHealthworld, spoke to Dr. G. P. Bhagat, founder and general secretary of SHEOWS, to figure out the multiple challenges faced by the elderly today. Policies are not enough, facilities are

scarce, resources are inadequate, and the graph is on the rise. There is a massive increase in the number of elderly people being abandoned by their own families.

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Highlights

Old Age Home 'SHEOWS' Holi Fest Brings Smiles to Beloved Residents

On celebrating this festive Occasion, Dr. G.P. Bhagat, Founder and General Secretary of SHEOWS, says, "Celebrating such festivities with the SHEOWS residents, we aim to create a sense of joy and bring smiles in the lives of the elderly. Such festivities help us and the support from corporate and volunteers helps the elderly to enjoy the moment and celebrate with everyone, be it fellow residents, our staff and people from outside the Old Age home."



SUCCESS STORIES

Name: Mr. Ravi Bhasin

Gender: Male

Rescued From: Delhi

Age: 65 years

Background:

Mr. Ravi Bhasin, a former professional with 21 years at a European multinational, returned to Delhi in 2005 to care for his family. Tragedy struck when his brother was paralyzed and his father passed away, leaving him alone and financially drained. He lived in an NGO for nearly a decade, holding on to hope and reigniting his passion for writing in 2022. In 2024, his health deteriorated severely, and with no proper care available, he was brought to SHEOWS for urgent medical attention and support.



Treatment Provided:

When Mr. Bhasin arrived at SHEOWS, he was recovering from a severe health crisis – including breathing difficulties, low oral intake, vision loss due to cataracts, and pleural effusion. Our medical team stabilized his condition and coordinated a successful cataract surgery, restoring his vision. He was placed under continuous monitoring and given a customized nutrition plan to support recovery. Alongside medical care, emotional support from our caregivers helped rebuild his strength and spirit.

Transformation:

With his health stabilised and vision restored, Mr. Bhasin has regained confidence and independence. More importantly, he has returned to his passion for writing – a dream he once feared lost. At SHEOWS, he found more than medical care; he rediscovered purpose, dignity, and the strength to hope again. His journey is a testament to the healing power of compassion and community.



SUCCESS STORIES

Name: Dudheswar Dubey

Gender: Male

Rescued From: Near Gurudwara, Narela

Hometown: Bihar

Background:

Dudheswar Dubey's life had been marked by hardship and loneliness. After losing his wife to a chest infection and having no children of his own, he found himself alone and vulnerable. A severe accident left him with a painful leg injury, worsened by a maggot infestation. Overweight and immobile, he lay helpless at a Gurdwara in Narela with no one to care for him.



Treatment Provided:

Upon his rescue on 16 January 2025, the SHEOWS Rescue Team immediately brought Dudheswar to our Elderly Care Centre. He underwent emergency wound treatment, infection control, and received 24/7 medical supervision. A balanced, nutritious diet and consistent physiotherapy helped reduce his weight and restore strength. Personal care and emotional support were also provided to help him heal physically and mentally.



Transformation:

Today, Dudheswar has regained his ability to walk and has found new purpose in life. His physical condition has significantly improved, and so has his emotional well-being. At the ashram, he has found more than just medical care—he has found a family. From abandonment and agony to recovery and dignity, Dudheswar's journey is a testament to SHEOWS's mission of restoring health, hope, and humanity to the elderly in need.



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- Guru Vishram Vridh Ashram, Gautampuri Phase-1, Near Ayurved Hospital, Sarita Vihar, New Delhi-76
- SHEOWS CARE CENTRE, F/A-19, Abul Fazal Enclave, Thokar no. 4, Okhla, New Delhi-110025
- Guru Vishram Vridh Ashram, Vill- Lathira, Garhmukteshwar, UP-245205
- Corporate office: 512, Floor 5, Paras Trinity, Sector 63, Gurugram-122011-INDIA

📞 08069128888

✉️ oldagehome@sheows.org

www.sheows.org

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